

# **SOUND OFF!**

Noise is a serious health hazard. Noise is linked to hearing loss, sleep deprivation, aggressive behavior, chronic fatigue, high blood pressure, heart disease, and declining school performance. Noise is especially damaging to children and women.

Noise pollution is getting worse. In the last 15 years, noise levels have risen six-fold in major US cities. The Census Bureau reports that noise is Americans' top complaint about their neighborhoods, and the major reason for wanting to move.

Noise Free America is dedicated to fighting noise pollution, especially from boom cars, motorcycles, leaf blowers, and car alarms.

Visit **Noise Free America** on the web at [\*noisefree.org\*](http://noisefree.org) and learn more.

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